



STUDIO PROTOCOLS:

- Intown Massage does its best to ensure clients are practicing safe social distancing and COVID-19 protocols before allowing them to book. Clients must fill out COVID-19 Intake Form and review protocols before each session. Client must wear a mask at all times in the studio. Upon arrival, clients will wash hands and be given a temperature check.
- Intown Massage schedules appointments to avoid client contact during arrival and departures, and so there is plenty of time to complete cleaning protocols. I will also always wear a face mask when others are in the studio.
- My table, pillow, face cradle, and bolsters have both non-permeable and linen covers. My table also has an additional disposable face cradle cover. And C
- There's an additional layer of protection under the face cradle to help capture and limit the spread of additional aerosol articles.
- Medical grade HEPA filter running 24 hours a day and checked between clients.
- Between each client, I also open the studio window and use a fan to help refresh the air quality.
- Between each client, I change all linens and blankets and disinfect anything clients come in contact with. I use hospital grade, EPA-approved disinfectants. For example: surfaces in studio, reception and bathroom including massage table, face cradle, bolsters, doorknobs, light switches, side tables, storage containers, clipboard, pens, personal item trays/tote, chairs, table tops, sink fixtures, handles, point of sale equipment, etc.
- To minimize dispersing particles through the air, I follow laundry protocols including folding items in on themselves; placing them in a sealed hamper; and washing with hot water, soap, and bleach.
- Empty all trash cans; wiping inside and outside thoroughly with a cleaning cloth.
- Take bagged laundry out to wash and replace liner.



PRACTITIONER PROTOCOLS

- Upon leaving the treatment room, wash hands thoroughly up to the elbows using WHO guidelines for best practices. All other personal protective equipment (PPE) remains in place.
- Put gloves on for payment transaction. Once the client leaves, remove and dispose of PPE in the proper order.
- Wash hands thoroughly.
- Apply a fresh pair of gloves to begin room sanitation.
- After cleaning, repeat hand-washing protocol and reset table and treatment space for next client.
- Prior to client arrival, wash hands again and don new mask.

